



## **P&O Cruises and Time Out launch exclusive new Lisbon shore experience, bringing together trusted experts and savvy locals to delve deeper into this exciting city**

July 10, 2023

P&O Cruises has today announced a new shore experience created in partnership with and curated by the city experts at Time Out, the global media and hospitality brand which inspires and enables people to experience the best of the city. On selected holidays, 'The Flavours of Lisbon by Time Out and P&O Cruises' will offer guests a taste of local food with a hands-on cooking class in the world-famous Time Out Market and an opportunity to discover the Baixa district's colourful Pink Street.

The experience will begin with a walking tour through Baixa at the heart of Lisbon with its stunning architecture, famous yellow trams and Pink Street, one of Lisbon's most photo-worthy locations. Together with local chef Miguel Mesquita, guests will then visit Time Out Market which shares the building with a centuries-old traditional food market to discover its history while shopping for all the ingredients needed for a cooking class. At the Time Out Academy – which is Time Out Market Lisbon's cooking school – guests will then learn to prepare authentic local dishes before sitting down to enjoy the food. The cooking class is led by Miguel who is the Executive Chef of the Time Out Academy and a participant of MasterChef Portugal, winner of "Guerra dos Pratos" and has gained experience in Michelin star restaurants.

'The Flavours of Lisbon by Time Out and P&O Cruises' will be for adults only at £109 per person. It will be available initially on the following cruises:

### [Spain and Portugal, 14-night cruise on Iona from £799pp](#)

P&O Cruises is offering a 14-night cruise on Iona (G333) from £799 per person for an inside cabin. Departing September 23, 2023, the price includes children's clubs, full board meals and entertainment. Departing from and returning to Southampton, ports of call are Lisbon, Gibraltar, Alicante, Barcelona, Cadiz and La Coruna.

### [Mediterranean, 13-night cruise on Arvia from £699pp](#)

P&O Cruises is offering a 13-night cruise on Arvia (K321N) from £699 per person for an inside cabin. Departing October 14, 2023, the price includes children's clubs, full board meals and entertainment. Departing from and returning to Southampton, ports of call are Lisbon, Malaga, Barcelona and Cadiz.

### [Spain and Portugal, 14-night cruise on Iona from £699pp](#)

P&O Cruises is offering a 14-night cruise on Iona (G336) from £699 per person for an inside cabin. Departing October 28, 2023, the price includes children's clubs, full board meals and entertainment. Departing from and returning to Southampton, ports of call are Vigo, Malaga, Alicante, Barcelona, Valencia, Cadiz and Lisbon.

**P&O Cruises president Paul Ludlow said:** "Time Out has been uncovering the best of cities for decades and as our exclusive exploration partner, we're so excited that P&O Cruises guests visiting Lisbon will get the opportunity to have a truly unique, authentic, culinary experience – created and curated by Time Out experts."

**Leonie Cooper, Time Out London food and drink editor, said:** "Lisbon is one of the most exciting food destinations in the world right now – what better (and easier) way to taste all the city has to offer! P&O Cruises guests can score invaluable insider knowledge from passionate locals who'll deliver an unforgettable day of fabulous feasting."

—ENDS —

### **About P&O Cruises**

P&O Cruises is Britain's favourite cruise line, welcoming guests to experience holidays with a blend of discovery, choice, relaxation and exceptional service catered towards British tastes. Each of the seven ships has its own appeal from family friendly or exclusively for adults. With over 200 destinations worldwide, P&O Cruises itineraries are carefully curated to inspire discovery and are varied to suit newcomers and experienced guests alike.

Arvia joined the P&O Cruises fleet in December 2022 as the second LNG-powered, Excel-class ship embodying the newest trends in travel, dining and entertainment. Arvia offers a Caribbean/winter season of fly-cruise holidays from homeport Barbados and Mediterranean holidays from Southampton during the summer.

P&O Cruises works with the best of the best including Gary Barlow who is music director of The 710 Club on Arvia and Iona and has delivered a number of unique musical moments on board. Crafted to Gary's creative vision, The 710 Club showcases an eclectic range of performances and offers an opportunity for up-and-coming musicians to get their break. Gary also joins guests for exclusive performances on Arvia and Iona holidays. Multi award-winning performer Nicole Scherzinger will be the creative force behind contemporary and breath-taking late night shows to be performed in SkyDome on board Iona and Arvia and P&O Cruises Food Heroes include chefs Marco Pierre White, Jose Pizarro, Shivi Ramoutar and Kjartan Skjelde who has created Norwegian speciality dishes, as well as award-winning drinks expert Olly Smith.

Recent awards for P&O Cruises include:

British Travel Awards Winner 21/22 – Best Cruise Line for Family Holidays.

Cruise Critic Editors' Picks Awards Winner 2022 – Best for Families.

The company is part of Carnival Corporation & PLC (NYSE/LSE: CCL; NYSE:CUK).

### **About Time Out Group**

Time Out Group is a global media and hospitality business that inspires and enables people to experience the best of the city through its two divisions – Time Out Media and Time Out Market. Time Out launched in London in 1968 to help people discover the exciting new urban cultures that had started up all over the city – today it is the only global brand dedicated to city life. Expert journalists curate and create content about the best things to do, see and eat across 333 cities in 59 countries, and across a unique multi-platform model spanning both digital and physical channels. Rooted in the Time Out brand, Time Out Market is the world's first editorially curated food and cultural market, bringing a city's best chefs, restaurateurs and cultural experiences together under one roof. The portfolio includes six Markets in cities such as Lisbon, New York, Montreal and Dubai, and several new locations with expected opening dates in 2023 and beyond, in addition to a pipeline of further locations in advanced discussions. Time Out Group PLC, listed on AIM (AIM: TMO), is headquartered in the United Kingdom.

### **For further press information please contact:**

Michele Andjel, [michele.andjel@carnivalukgroup.com](mailto:michele.andjel@carnivalukgroup.com) - 07730 732 072

Jenny Michalczuk, [jenny.michalczuk@pocruises.com](mailto:jenny.michalczuk@pocruises.com) - 07867 268 742

Jenny Hadley, [jenny.hadley@pocruises.com](mailto:jenny.hadley@pocruises.com) - 07825 120 088