



P&O Cruises updates Covid-19 travel requirements

August 12, 2022

P&O Cruises today (August 12, 2022) announced updated Covid-19 protocols and guidelines, with adjusted pre-travel testing requirements.

From Tuesday September 6, 2022 self-testing prior to travel will change from “mandatory” to “highly recommended” for vaccinated guests on the vast majority of holidays.

Only guests sailing on longer, more complex itineraries will be required to have an observed or in person antigen or PCR test with a fit to travel certificate prior to departure. These include a number of holidays of 16 nights or more and other specific cruises.

These new guidelines apply to all P&O Cruises itineraries sailing from Southampton and all other departure points with the exception of countries where government regulations and protocols may vary including Australia.

The vaccination policy for P&O Cruises guests remains the same and full details can be found at:

[Preparing to sail | P&O Cruises \(pocruises.com\)](https://www.pocruises.com)

P&O Cruises president Paul Ludlow said: “These updated protocols reflect the current environment across the world and while certain key elements have relaxed, our commitment to protect the health and wellbeing of all guests, crew and the communities we visit remains an ongoing and vital consideration.

“They also ensure that the ease of cruising remains at the fore and that all guests of all ages can enjoy a holiday with unrivalled dining, relaxation and exploration options and unmatched service levels at extraordinary value for money.”

Exact requirements will be communicated to all guests in due course with the latest updates on www.pocruises.com from early September.

All the updated guidelines and protocols are subject to local regulations of applicable homeports and destinations.

Ends

About P&O Cruises

P&O Cruises is Britain’s favourite cruise line, welcoming guests to experience holidays with a blend of discovery, choice, relaxation and exceptional service catered towards British tastes. P&O Cruises’ fleet of premium ships combine genuine service, a sense of occasion and attention to detail.

In May 2021, P&O Cruises launched Iona, its first Excel class ship. The new LNG-powered ship, with 5,200-guest capacity, is the largest ship built to serve the UK market. Iona features enhancements to already successful brand signature venues from the existing fleet, as well as features newly developed for Iona.

P&O Cruises’ second LNG-powered Excel class ship and sister ship to Iona is named Arvia, meaning from the seashore, and will join the fleet in December 2022. Arvia is the latest evolution in the P&O Cruises experience, embodying the newest trends in travel, dining and entertainment, and will be the epitome of a sunshine resort sailing year-round to the warmest climates.

The 185,000 tons ship, 345m in length, with 16 guest decks will feature Altitude Skywalk a unique high ropes experience, a swim-up bar and stunning infinity pool, a new restaurant Green & Co featuring Mizuhana serving a plant and fish-led menu, Ocean Studios cinema, 1,300sqm of shopping and the Oasis Spa and Health Club.

With over 200 destinations worldwide, P&O Cruises Itineraries are carefully curated to inspire discovery, and are varied to suit newcomers and experienced guests alike. With a wide choice of holidays from two days to three months there is something for everyone.

The company is part of Carnival Corporation & plc (NYSE/LSE: CCL; NYSE:CUK).

For further press information please contact:

Michele Andjel, michele.andjel@carnivalukgroup.com 07730 732072

Jenny Hadley, jenny.hadley@pocruises.com 07825 120088